



BAR HILL NEWS



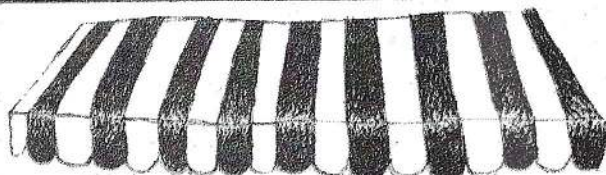
December 2013; Issue 543



MERRY CHRISTMAS & HAPPY NEW YEAR



from all at **BAR HILL NEWS**



BAR HILL COMMUNITY CHRISTMAS MARKET

7th December 10.30am-2pm



In the Octagon and Church CB23 8EH

Entry is Free

A Variety of Handmade Crafts, Jams, Fruit,
Vegetables, Cards and Beauty Products.
We raise funds for Community Projects.

Refreshments

Soup and roll from 12noon

BBQ (weather permitting)

Contact Karen Austen 01954 781085
or Sue Gadsby 01954 200875



THE HUNTINGDONSHIRE CONCERT BAND

...are making a welcome return to entertain us with
a "Best of Britain" concert.

Many will remember the "Raise the Roof" concert
which was such a success earlier this year – and really
did challenge the Church's roof!

"Best of BRITAIN"

will take place

on **Saturday 1st February 2014** at 7.30 pm
in **Bar Hill Church**.

Price: £7 for adults; £5 for concessions, including
light refreshments in the interval.

Tickets can be purchased or reserved by phone:
01954 780260 or 01954 203310, or from the
Bar Hill Church website. We recommend you book
in good time. Look forward to seeing you there.

ONLINE DEMO AT THE LIBRARY

At Bar Hill Library on Thursday 5 December 2013, from
10 am to noon, Cambridgeshire Library and Information
Service is offering a free online demo on how to:

- download eBooks and eAudio books on to your computer or mobile device;
- request and renew books from your home computer or with your smart phone;
- use the Library and Information Service's online database.

Don't miss this opportunity to find out how to bring
your access to the Library totally up to date – and join in
the Friends of the Library's coffee morning at the same
time.

MESSIAH AND MORE

Swavesey Community Choir Christmas Concert

on Sunday 15th December 2013

in St Andrew's Church, Swavesey.

Excerpts from Handel's Messiah, Carols and
other festive songs.



Chris Jackson: *Tenor*

Frank Dudbridge: *Organ*

Chris Jessop: *Conductor*



Tickets £7; £5 (concessions); under 18s free.

Box office: 07881 824095

ROYAL BRITISH LEGION

Thank you to everyone who helped with the Poppy
appeal. To Di Gunton who took the Dedication
Service, and the Reverend Charles Mather who took
the Remembrance Service. Thank you to the
Organisations who joined us on our Parade. Also to
Tesco "our corner shop" who allowed us a slot to
collect in-store.

Thank you to all who helped in our endeavours.

Mary Shubotham

FOR SALE

Oak dining room table – Caxton range. Size 3'x3'
square with a flip top to 6'x3' in length. Excellent
condition. £80. Telephone 01954 781752

CHRISTMAS SONGS OF PRAISE

Enjoy an opportunity to sing some popular Christmas
Carols on Wednesday 18th December at 3pm in the
Octagon. There will be refreshments afterwards.

Everyone is very welcome.



Bar Hill News is NOT published in January. Deadline for the February issue is 15th January 2014.

bheditor@yahoo.com; see page 2 for other contact details

BAR HILL RESIDENTS' ASSOCIATION

2012-13 Committee

Chairman	Roger Hall	01954 780304	11 Almond Grove
Secretary	Anil Pallan	01223 655620	72 The Spinney
Treasurer	Martin Avery	01954 781233	34 Acorn Avenue
Website	Simon Munford	email: simon.munford@gmail.com	
Also:	Paul Goodfield	01954 200228	15 Little Meadow
	Jo Hall	01954 780304	11 Almond Grove

Bar Hill News

Editor	Jan Cundy	e-mail: jan_cundy@yahoo.com	
Advertising Coordinator	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to bhneditor@yahoo.com, or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: 01954 780442

www.maplesurgery.co.uk

Surgery Opening times:

Monday, Tues., Thurs., Fri.:	8.30 am–6 pm
Weds.:	7 am–6 pm
Physiotherapist Tues.	2 pm–5.15 pm
Podiatrist Mon., Weds. & Fri.	9 am–12 noon
Weds. & Fri.	1.30 pm–5 pm
Midwife Thurs.	2 pm–4 pm
Psychological Therapies Team Thurs.	9 am–12 noon
Dietician 1st Tues. of month	9 am–12 noon
Orthoptist 2nd Tues. of month	9 am–12.30 pm
CAMTAD 4th Tues. of month	9 am–11.30 am

Phone lines open from 8.30 am–6 pm
Mon.–Fri. Out of hours emergencies:
0330 123 9131 (Urgent Care Cambridge)
 Health visitors are based at Longstanton Branch Surgery, Magdalane Close, Longstanton (Tel: 01954 781855);
 Child Health Clinic every 3rd Tues.
 1 pm–3 pm (drop in) at Children's Centre next to the Primary School, Bar Hill.

BAR HILL VILLAGE HALL



- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Mon.	Helene Jones Dance	3.30-8.15 pm
	(school term time only)	
Tues.	Shotokan Karate	5.45-8.00 pm
Tues.	Danielle (Boot Camp)	8.00-9.00 pm
Weds.	Helen Jones (Dance)	4.00-6.45 pm
Weds.	Zumba	7.00-8.00 pm
Weds.	Pilates	8.00-9.00 pm
Thurs.	Zumba	9.30-10.30 am
	(school term time only)	
Thurs.	Pilates	10.30-11.30 am
	(school term time only)	
Thurs.	Weightwatchers	7.00-7.50 pm
Fri.	Martial Arts	6.30-8.30 pm
Sat.	Sweat and Tone	8.00-9.00 am
Sun.	Bingo (doors open 7.15)	7.45-9.30 pm
	Cash prizes	

If you wish to book any of the above facilities, or get more information, please contact us at the Village Hall by telephoning 01954 782414 leaving a message (speak slowly and clearly please). We will call you back within 24 hours Monday-Friday. Or e-mail us on barhill.villagehall@btconnect.com.

We look forward to hearing from you.

THE ALLOTMENT SOCIETY



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348 to be put on the waiting list.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

WILLINGHAM & LONGSTANTON SURGERIES

Willingham 01954 260230; Longstanton 01954 207600;
Dispensary 01954 260073

Website: www.willinghammediclpractice.nhs.uk

Doctors and Staff wish you all a very Happy and Healthy Holiday and New Year.

OPENING HOURS - CHRISTMAS 2013

Our surgeries will be closed on Christmas Day, Boxing Day and New Year's Day.

We will be open normal hours on all other days.

When the surgery is closed please ring 111. Remember that Accident and Emergency is intended only for life threatening conditions or if you are likely to need an X-ray. In most circumstances you should ring 111 and you will be directed to the correct service. Please help our emergency services to help those most in need and save yourself a very long wait in the emergency department. Last date for ordering repeat prescriptions in time for the Christmas holidays will be **Monday 23 December** before 1.00pm. Last date for collection of medicines will be **Tuesday 24 December** by 1.00pm at Longstanton, or by 6.00pm at Willingham pharmacy.

Please ensure that you order your medicines in plenty of time. To prevent wastage only order those items you need from your repeat medication list. Remember to visit our pharmacy and stock up with over the counter remedies for your medicine cabinet before the Christmas holidays.

Christmas Lucky Squares in aid of MAGPAS - £1 each. Available from Reception in Willingham and Longstanton. Numerous prizes. Please support this worthy cause by either donating a prize or purchasing a Lucky Square. Many thanks.

Willingham Surgery will be closed for staff training on the afternoon of Wed 11 December. The Pharmacy will remain open.

Cynthia Bidwell - Practice Manager

- FOR SALE -

- Gas BBQ - portable with cylinder. Clean, good condition, hardly used. £50.
- Two used spades - good condition. £5 each.
- 2 medium sized terracotta pots; 2 large plastic pots. £2 each.

Phone 01954 201351

- FOR SALE -

Riding Boots Black/Brown; Size 4; nearly new. £20.
Pine chest in VGC, 4 large & 2 small drawers. £25.
Call: 01954 200772

USEFUL TELEPHONE NUMBERS

- Church Office 206120 • Conservative Party (Iris Lay) 205265 • Happy Hours (Helen Collins) 782203 •
- Liberal Democrat Party (Andy Pellew) 07814 871752 • Library (renewals and enquiries) 0345 0455225 •
- Neighbourhood Watch 201001 • Parish Council (Leigh Baffa) 780456 • Police non emergency 101 •
- Post Office 789285 (Harry) • Pre-School 782892 • Samaritans 01223 364455 • School 273305 •
- Social Club 781881 • Swavesey Village College 230366

...letters...letters...letters...letters...letters...letters...letters...letters...letters...

Dear Editor

I wonder if I could make a plea via the letters page of the Bar Hill News? During the summer a new dog arrived in Watermead, within barking shot of my windows. The owners seem to be keeping the dog outside, including at night. The little dog (it sounds like a little one) does what dogs do – it barks, and the barking carries. I for one do not appreciate hearing it bark late into the evening, nor indeed being woken during the night.

I wish the owners would consider their neighbours and allow the dog indoors. I am sure it would be just as good a guard dog inside as out.

[name and address withheld]

Dear Editor

I recently suffered the loss of my grandfather, and on researching methods to stop unwanted "junk" communications, I found the following services useful:

- The Telephone Preference Service:
www.tpsonline.org.uk/; 0800 398 893 / 0191 501 3681.
- The Fax Preference Service:
www.fpsonline.org.uk/; 0845 070 07 02.
- The Mail Preference Service:
www.mpsonline.org.uk/; 020-7291 3310.
- The Baby Mail Preference Service:
www.mpsonline.org.uk/bmps/; 020-7291 3310.
- There is also an opt-out for unaddressed mail delivered by Royal Mail, such as letters address to "The Occupier":
www.tinyurl.com/bbhyy2w; 01865 796964. Currently, this service must be renewed every two years.

Unfortunately none of these services can prevent mailings from companies which have permission to contact you (often there is an opt-out in a little tick box), but it might reduce the total amount of "junk" received, and these services can be used by anyone.

There are also two Bereavement Services:
www.deceasedpreferenceservice.co.uk/; 0800 068 44 33,
and www.the-bereavement-register.org.uk/;
0800 082 12 30 / 020-7089 6403.

There is also a website called www.stopjunkmail.org.uk which offers a "Junk Buster" service that will contact several of these opt-out schemes at once. However not all of the schemes listed are covered.

All of the above are free of charge and can help residents opt out of unwanted communications. I hope this information is helpful.

Regards

Anthony William Mitchell

G B PROPERTY SERVICES

Specialist in flat roofing and all aspects of property maintenance

Call Pepe on 07761 143610

RASTERREPAIR

Home & Workshop PC Repair. Home Support.

T: 07413 849034; E: rasterrepair@gmail.com

A14 Site Clearance Works

On behalf of the Highways Agency, CarillionWSP wishes to inform you that it will shortly be starting site clearance works on the A14 between junction 31 (Girton) and J32 (Histon).

The work is due to commence on 11 November 2013 and is expected to take approximately 5 weeks. It will involve removal of vegetation prior to the major works planned in 2014. The work will be undertaken between 8:00pm to 6:00am Monday to Thursday nights; and 9:00pm to 6:00am on Friday nights.

During the works there will be lane one closure on the eastbound and westbound carriageway and slip road closures of either junction 31 or junction 32. The programmed dates for the slip road closures and diversion routes are:

4-10 December: J31 eastbound link: traffic will be diverted southbound on the M11 to exit at junction 10 (Duxford) to join the A505 eastbound. Traffic will be directed to join the A11 northbound and re-join the A14 eastbound at junction 36 (Nine Mile Hill);

11-13 December: J32 eastbound exit slip: traffic will be diverted to continue on the A14 eastbound to junction 33 (Milton), traffic will re-join the A14 westbound and exit at junction 32.

CarillionWSP will endeavour to keep delays to a minimum, but they are expected, so please allow extra time for your journey or seek alternate routes. We apologise for any inconvenience during these essential works.

If you have any queries concerning this scheme, please contact CarillionWSP on 01767 684633 between 9am and 5pm; or the Customer Care department customercare@carillionwsp.com. Alternatively: Highways Agency Information Line on 0300 123 5000.

Yours faithfully,

Foni Yendell

Customer Communications Coordinator, CarillionWSP.

This letter arrived in October after BHN had gone to print. I hope the information is useful.

Attached to the letter was a 47-page .pdf file of a brochure published by the Highways Agency:

"Cambridge to Huntingdon A14 Improvement Scheme: Technical Review of Options".

I have not read the brochure, so I don't know how useful or technical it is, but if anyone would like a copy I can forward by e-mail only. *Ed.*

– BAR HILL NATURE RESERVE –

WORKING PARTY ON 9th FEBRUARY 2014

There will be another Working Party at the Nature Reserve on 9th February 2014 – all residents are welcome. We start at 10.00am at the Bar Hill Village Hall, or if you come along later at the Nature Reserve, to participate in a working day there: digging, cutting back and various jobs required. We will, again, be assisted by the Cambridge Conservation Volunteers and directed by Rob Mungovan, Ecological Office from South Cambs DC.

LETTER FROM CLYDE, THE HEARING DOG

Hello – my name is Clyde. I'm a 2 year-old black Labrador/Retriever cross. I live with John and Diana Reynolds to help Diana as she's very hard of hearing. She uses hearing aids and lip reads, but she doesn't hear doorbells and timers etc.; so it's very important that I tell her if one goes off. I nudge her with my nose then lead her to the sound and show her. If the smoke alarm sounds I run to her and lie down, which is my danger signal. When her morning alarm goes off I wake her and show her the alarm. After I have woken Diana I wake John and have my morning cuddle. I go everywhere with Diana. I've been to parties, theatre, cinema, on buses and trains, as well as shopping. I like going away, especially to Cleethorpes where we go to the beach every day. I learnt to swim there when a fisherman dropped his fish back into the water. I rushed in to catch it for him but it swam too fast. I was so surprised to discover swimming I didn't want to go back on land, but I'm very obedient so when Diana called me I came out and had a good shake which soaked her! I love to swim but I don't like to walk through puddles.

When I am out in my uniform it is to tell people Diana can't hear very well, but she makes sure I have lots of fun and games.

I met Gus the other day. He was Diana and John's eighth and last puppy. He's a lovely boy and he and Diana were pleased to see each other. Gus's owner said he is a wonderful guide dog and has learnt their complicated routes very well. Diana is so happy that Gus has formed a close partnership. I am pleased I am living with Diana and John as their 'forever dog'. We're very happy together.

I hope you all have a lovely Christmas and New Year.
from Clyde



GUITAR & BASS TUITION

inc. Guitar Repairs

Phone
Steve Beaney

01954 260851
07929 888128

– WEEE RECYCLING –

Recycle your waste electrical items (WEEE) and help the community.

Don't forget! On Thursday 12th December you can put your electrical waste at the kerb by 10 am, and it will be collected and recycled.

Anything from washing machines to mobile phones, video players to light bulbs; please see www.wiserrecycling.co.uk for more information. Assistance can be provided to move large appliances – please don't obstruct the pavement when leaving items.

You can also take items to the Re-use & Recycling Facility at 11 Caxton Road, St Ives PE27 3LS. 0845 894 9979.

BAR HILL SPORTS AND SOCIAL CLUB

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large TV screens in HD, play pool, darts, skittles and cribbage or enjoy a drink in our quiet lounge bar.



Merry Christmas and a Happy New Year to all our Members and Staff.

What's on in December?

Sat. 7 Dec. Quiz Night, £75 behind the bar and a cash prize, £5 per Team, maximum 6 members. *No phones or Tablets.* Registration from 7:30pm

Sat. 14 Dec. Play Your Cards Right

Fri. 20 Dec. Christmas Raffle

Tue. 24 Dec. Christmas Eve Disco, 8 till Midnight

Sat. 28 Dec. Play Your Cards Right

Tue. 31 Dec. New Years Eve Party, Disco from 8pm, Inflatable fun from 8 till 10.

Looking Ahead to January...

Sat. 11 Jan. Play Your Cards Right

Wed. 22 Jan. Wine Tasting, Sign up at the bar, limited spaces, first come first served.

Sat. 25 Jan. Play Your Cards Right

Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub

Saturday Afternoon Football – Home games, Kick-off at 1400:

Sat. 7 Dec. BHSSC v Godmanchester Rovers Reserves.

Sat. 14 Dec. BHSSC Reserves v Litlington Athletic

Sat. 21 Dec. BHSSC v Littleport Town

Sat. 4 Jan. BHSSC v Barrington, Cambs junior Challenge Cup, K/O 13:45

Sat. 11 Jan. BHSSC v Eaton Socon Reserves

Sat. 18 Jan. BHSSC Reserves v Foxton Reserves

Sat. 25 Jan. BHSSC Reserves v Duxford United Reserves

Membership Renewals

Membership renewals will be available in December, £8, Seniors, £4. Renewals in January will be charged at the full rate, £10, Seniors £5.

Not a Member?

New members are always welcome, join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

The club also has a junior membership for 16 and 17 year-olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin, 01954 781881 (BHSSC)

MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.

Telephone Paul Noble on 01954 780477.

CHURCH MATTERS

KNIT AND NATTER...

...is on Thursday afternoons from around 1.15–3.15pm in the Octagon. We are a friendly and active group that produces hats, scarves and mittens for "Operation Christmas Child" shoe boxes. We make lots of other things too. By joining us, you will meet new friends as well as provide support to organisations that need voluntary help.

We have several outings a year, occasional lunches, coffee mornings, a Garden Party in August and a Christmas lunch.

You don't have to be able to knit; you are very welcome to come and "natter" and enjoy a sociable afternoon. For further information contact Sue Kenchington on 01954 780260.

Everyone is welcome of any faith, or none.

YOUNG PEOPLE GROUPS

Youth Socials

There is a time to relax, play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

Cell Groups

These are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

Cafe Church

As an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

Young Peoples Evening Worship Service

This informal service is for adults and young people and uses contemporary music and format. This is held at 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at familysmeth@ntlworld.com.

FEED THE HUNGRY

Bring a little extra joy this Christmas.

Even in an affluent county like Cambridgeshire there will be people this winter who struggle to buy enough food to feed their family.

Feed the Hungry is providing special food bags to encourage communities across the UK to support their local food bank this Christmas. We will be distributing the food bags during our 10am Advent Café Church on Sunday 1st December. The bags, with donations of non-perishable goods, will be collected the following Sunday 8th December at 10am and taken to Cambridge City Foodbank. A voucher system enables individuals and families in crisis to be given three days' worth of emergency food.

Our local Foodbank has seen a huge increase in demand in the past year, so please join us on 1st December, and take the opportunity to share a bit of joy with those who are struggling this Christmas.

BAR HILL CHURCH HOMEGROUPS

At Bar Hill Church we have six small groups who meet regularly both weekly and fortnightly, with a mixture of evening and daytime meetings. We hope that the groups facilitate discipleship, mission, fellowship, evangelistic outreach and pastoral care. We study a variety of popular biblical material; recent studies have included bible studies on the books of Romans and John as well as deeper insights in to the topics of prayer and worship. This year the groups also studied the television adaptation of 'The Passion of Christ' during the period of Lent. The current topic of study is 'praying through the Psalms'.

If you are interested in joining in the fellowship of a small group within the village please contact me at the Bar Hill Church office to discuss placing you in a suitable group.

With Blessings in Christ

Jenny Patton – Small Groups Coordinator

MESSY CHURCH...

...is for pre-school and primary age children and their carers. They meet in the Octagon from 3.15–5.15pm on the 2nd Wednesday of each month. Each session begins with craft activities followed by a story & song on a Bible theme, and ends with a simple meal. Come along!

For more information contact Peter at familysmeth@ntlworld.com.

ROCK SOLID...

...is a midweek club for primary school age children which runs during term time only every Thursday evening in the Octagon/Meetings Room, from 6pm till 7.15. We have great fun with songs, news time, bible storytime, craft and games, stopping for a quick break for drink and a biscuit half way through!

We are fully subscribed at the moment, but if you think your child would like to come along, please contact Adrienne Sharman 01954 780874 for further information.

MEDITATION FOR RELAXATION

with Qualified Teacher

Starting 9 January, every Thursday 7-8pm in Bar Hill Church, Hanover Close, CB23 8EH.

£3 per session to church charity.

THE MEMORIAL GARDEN

Do you enjoy gardening? Can you spare a few hours a month on a voluntary basis to help in the Village Memorial Garden? Minimal knowledge is required as guidance will be given. Further details please contact Chris Stannard 01954 781978.

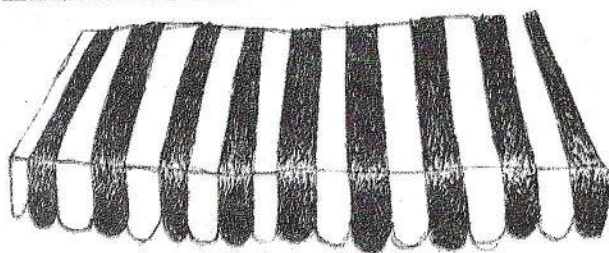
CHURCH MATTERS

THE COFFEE STOP



This takes place every Wednesday at 10 am until 12 noon at the Library. Coffee, tea and biscuits are served, and it is a good opportunity to meet friends old and new and have a chat.

Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone. We would love to see you on a Wednesday morning.



BAR HILL COMMUNITY MARKET

no market in January

1st February 2014

10.30am-2pm

In the Octagon CB23 8EH

Entry is Free

Come and support your local community. A Variety of Handmade Crafts, Jams, Fruit, Vegetables, Cards and Beauty Products. We raise funds for Community Projects.

Refreshments

Soup and roll from 12noon
BBQ (*weather permitting*)

If you would like to be part of the market, please contact either Karen Austen 01954 781085 or Sue Gadsby 01954 200875



BAR HILL ECUMENICAL CHURCH SERVICES FOR DECEMBER 2013

**EVERYONE IS WELCOME, ESPECIALLY AT
OUR CHRISTMAS SERVICES**

The Church Minister, Charles Mather, can be contacted on minister@barhillchurch.org.uk, or by phone on 01954 277119. Website: barhillchurch.org.uk.

- | | |
|----------------------|---|
| Sun. 1st Dec. | 10am Advent Service including Cafe Church with coffee and pastries for all.
6.30pm Evening Worship |
| Sun. 8th Dec. | 10am Holy Communion
6.30pm Evening Worship mainly for Youth |
| Sun. 15th Dec. | 10am Gift and Crib Service *
6.30pm Holy Communion |
| Weds. 18th Dec. | 3pm In the Octagon Senior Citizens' Carol Service |
| Sun. 22nd Dec | 10am Holy Communion
6.30pm Christingle * |
| Christmas Eve | 6pm Carols by Candlelight for the whole village
11.30pm Evening Holy Communion |
| Christmas Day | 10am Family worship |
| Sun. 29th Dec. | 10am Holy Communion |

*These services are particularly suitable for children.

Contact: Church Centre Manager T: 01954 206120; office hours Mon., Weds. and Fri. 0930-1230.

There is a Roman Catholic Mass every Saturday at 6 pm.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

<i>Parish Priest:</i>	Mgr Peter Leeming	Tel: 01223 350787
<i>Deacons:</i>	Revd Robert Joyce, Tony Northrop and Tony Sutton	
<i>Local contact:</i>	Bunty Waters	Tel: 01954 201421
Monday, Wednesday, Thursday, Friday	8am and 12.15pm	
Tuesday	8am and 7.30pm	
Saturday	6pm. First Mass of Sundays	
Masses in the Parish Church in Cambridge; also 5pm at The Ark, Cambourne, and 6pm at Bar Hill Church Centre.		
Holydays of Obligation	8am, 10am, 7.30pm	
Sacrament of Reconciliation		
Tuesday	6.45pm (not after Mass)	
Saturday	10.30-11.15am, 4.30-5.15pm, 7.00-7.45pm	

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday - copies are also available in the Church Centre.

INTRODUCING OUR NEW CHURCH WEBSITE

We have a new website, created by Bob Chappell.

We hope you will spend some time looking at the website. It gives lots of information about what's happening in your local Church.

There will be an Advent Calendar from 1st December, with daily readings and thoughts. We hope you'll enjoy this way of focussing on what the Advent season is about.

Our website address is www.barhillchurch.org.uk.

- 8 O'CLOCK CLUB -

The 8 o'clock club is an all-women's group, which meets at 8pm on the first Thursday of the month in the school. Our programme for the first term of 2014 is as follows:

Thursday 2 January – *no meeting*

Thursday 6 February – to be arranged

Thursday 6 March – Gardens of the National Trust

Thursday 3 April – Birthday party – *members only*

To find out more about the club please phone Barbara 01954 204171, Adela 01954 204265 or Ann 01954 204687, or come along to one of the meetings where we will be pleased to see you.

CAMBRIDGESHIRE COUNTY COUNCIL NEEDS YOU TO HELP CHANGE THE LIVES OF LOCAL CHILDREN AND YOUNG PEOPLE

Foster Carers provide a stable family support network for local children and young people when they are unable to live with their own family. Every year we have over 425 children and young people looked after by Cambridgeshire County Council.

The shortage of Foster Carers means that children and young people are placed with independent foster carers or residential units, some outside Cambridgeshire. They may also be looked after within the county children's homes. We need to recruit more Foster Carers in order to give them the best possible future.

Foster Carers come from all kinds of backgrounds. It may be that you have your own children or you may have worked with children before. You may have no experience of children or possibly are considering a career change?

Every child is different so we need different Foster Carers, if you can offer stability, security and the positive experience of a loving family then we want to hear from you.

You might be: • married, in a civil partnership, single or living with a partner; • from an ethnic background; • in a same sex relationship; or • in work, unemployed or retired

Recruiting local people will mean that children and young people can live in their own community, continue to attend the same school and maintain contact with their family and friends.

We offer generous allowances including a start up package, 24 hour support and full training.

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OPENING HOURS – CHRISTMAS 2013

Surgery will be closed on Christmas Day, Boxing Day and New Year's Day.

We will be open normal hours on all other days.

Doctors and Staff wish all our patients a Merry Christmas and Happy and Healthy 2014.

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Christmas – earn extra money by working in our Food and Beverage departments
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- Bar Attendants – evenings and weekends, flexible hours.

Please send CV with covering letter to: Shaun Van Looy, General Manager.

E: shaun.vanlooy@menzieshotels.co.uk;

T: 01954 249988; Post: Menzies Cambridge Hotel & Golf Club, Bar Hill, Cambridge, CB23 8EU. Or contact hotel reception for more information.

Due to the high volume of applicants, we are unable to respond to every application.



FRIENDS OF BAR HILL LIBRARY

Your first resolution for 2014: whatever your intentions for 2014, please include supporting your local Library among them. The best way to do that is to use it.

Subscriptions: make renewing your subscription a priority. You can do that during December and January by calling at the Library. The cost remains the same as in the last few years: £6 for individuals and £8.50 for family members living at the same address. We'll be sending you a reminder in case you forget.

Future events: planning continues. We shall keep you informed.

Coffee mornings: to meet Friends and lots of others, come along to a coffee morning in the Library. These are held on the first Thursday of each month from 10am to noon. That means 5 December 2013 and 2 January 2014 are the next dates for your diary.

Come along in December for a demonstration of ways you can use your home computer or smart phone to access the services the Library offers. See the notice from Library and Information Service on page 1.

- CANCER CARE -

Please support our gift stall at Bar Hill Community Christmas Market on 7th December.

There will be some lovely items: CDs, books, fun gifts, new items and lots more! If you have any items you could donate, please contact me. Many thanks.

Sarah Adams: sadams@chesterton.cambs.sch.uk.

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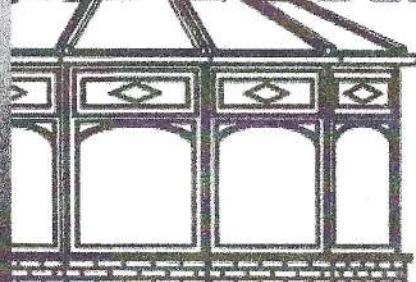
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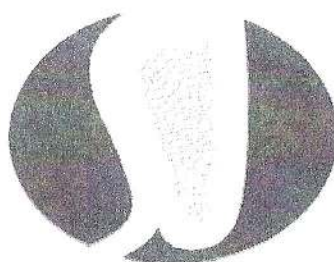
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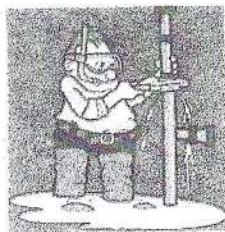
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FRIENDS OF THE ROSIE HOSPITAL



The Friends of the Rosie Hospital, with your help, are making a more comfortable environment for mothers and babies. Glad to be able to report that with your help we have a profit of £1,484 so far in 2013. Finish off your Christmas shopping today with our online pages or at these upcoming stall dates:

Addenbrooke's Outpatient Hall

Wednesday 4th December – 10am to 4.30pm

with our large display of baby and children's clothes from new born to age 4, as well as lots of toys for Christmas gifts. Christmas at Denny, The Farmland Museum, Waterbeach

Saturday 7th December 1pm to 4pm

Selling Christmas gifts and toys

Craft Fair, Ploughman Hall, Willingham

Saturday 14th December 2pm to 4pm

Selling Christmas gifts and toys; vintage patterns and buttons.

Community Market, Bar Hill

Saturday 1st February 2014 10.30am to 2pm

We have discounted items for sale in our eBay Charity Store rosieinstitches2010. Follow us on the Rosie in Stitches Facebook page. New knitted clothes and toys for sale on our website www.rosieinstitches.org.uk. There are links to affiliate stores on our website where we will get a donation. Laura Ashley has 30% off everything you could wish for.

To support Friends of the Rosie Hospital, Cambridge, England, visit <http://www.easyfundraising.org.uk/causes/forh> and follow the instructions. You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk>

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee. Details are on our website. Thank you for all your support.

NWR

Ladies – Give yourselves a break! Enjoy discussions and make new friends.

NWR is a national organisation promoting friendship and self-confidence for lively minded women. We share ideas discuss topics, occasionally listen to speakers and enjoy social events. We invite you to join us, come along to one of our meetings; you would be very welcome.

- 5 December: ISLANDS AROUND BRITAIN – *What do you know about the many islands around Britain? Research one of the islands.* Venue: Jane's
- 19 December: OBJECTS OF DESIRE! *What object/painting/jewellery do you covet?* Venue: Julie's
- 9 January: "THAT WAS THE YEAR THAT WAS" *Choose a year that is special to you, research interesting facts/figures/strange happenings that year.* Venue: Heather's
- 18 January: WINTER SOCIAL EVENT (members only)
- 23 January: PRECIOUS TREASURE *Have you something of little monetary value that you would hate to lose? Have you lost something precious to you?* Venue: DI's

The Bar Hill NWR group meets informally on alternate Thursday evenings; we pay just £1.00 per meeting to cover costs. If you would like more information, please call Marie-The Last on 01954 780329 or Geraldine Martenz on 01954 203458. NWR can also be found on www.nwr.org.uk. Why not have a look!

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities, from 10.30 am at Bar Hill Library

on the following Saturdays:

14 and 28 December 2013;

11 and 25 January 2014

Storytime welcomes small children into the Library twice a month. Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult, it offers half an hour of book-based enjoyment.

On the first Saturday there is a theme – recent choices include the weather and things that go wrong – explored in stories, songs and craft activities. At the third Saturday children choose what they would like from the stock held for the very young.

This free event introduces children to their local library, revealing to them all that is to be gained from learning to read. No need to book; just come along.

MESSAGE FROM OUR LOCAL PCSO

Between 24–28 October, police received reports of two vehicles being broken into in Hillcrest, Bar Hill. Nothing was taken, but minor damage was caused. ACTION: never leave valuables or tools in vehicles.

Recently, there has been an increase in burglary reports in South Cambridgeshire.

ACTION: please be extra vigilant in securing your house and report any suspicious activity.

Regular patrols have been conducted at Bar Hill Skate Park, and I'm pleased to say that anti-social behaviour has been reduced.

Kind Regards

PCSO 7009 Alpo MANI | Histon Neighbourhood

Policing Team | T: 101 ex: 7113152 |

E: alpo.mani@cambs.pnn.police.uk

DECEMBER BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

It's the time of year to enjoy a tippie with friends, cook heaps of delicious food and deck the halls!

The fire service has these messages to make sure your festive cheer doesn't go up in smoke:

- Kitchens are a fire hotspot, so take care while cooking your Christmas dinner. Never leave cooking unattended and turn off appliances when not in use.
- Switch off fairy lights and unplug them before you go to bed or leave the house. Make sure they confirm to the British Standard and never overload plug sockets.
- Be careful when drinking alcohol while smoking or cooking.
- Finally, make sure you have a working smoke alarm which is correctly fitted. And NEVER take the batteries out to power presents!

Like our fan page on Facebook: www.facebook.com/cambsfrs, follow us on Twitter @cambsfrs.

To find out if you are eligible for a free home fire safety check, call 0800 917 99 94.

BAR HILL CHILDMINDERS



If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and

First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more. If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (details below).

Childminders with Current Vacancies

Kirsty	07584 168909
Melanie	01954 204496
Jacky	01954 780249
Kirsten G	01954 200228
Mandy	01954 204223
Kirsten C	01954 202228
Janine	07879 613731
Terri	07846 018714

'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45-11.15 am in the Octagon (term time only) £2.50 per family/carer – or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

- NEIGHBOURHOOD WATCH - 10 WAYS TO MAKE A CRIMINAL VERY HAPPY THIS CHRISTMAS

- 1) carry a bulging wallet in a loose pocket;
- 2) leave your Christmas shopping on view in the car while you go to another shop;
- 3) pile presents round your tree in full view of the front window;
- 4) place your handbag in the shopping trolley while you turn to the shelves;
- 5) stock up your freezer in an unlocked garage;
- 6) leave your house in darkness when you are out in the evening;
- 7) only leave a hall light on (who lives in the hall?);
- 8) when your neighbour is away, leave their newspapers etc. poking out of the letter box;
- 9) leave the engine running to warm up the car while you go back in the house;
- 10) leave packaging by the wheelie bin to advertise the wonderful presents you've received.

Remember – for the criminal it only takes a moment; for you the effect lingers a long time.

Wishing you all a safe and happy Christmas.

Pam Vandy – NHW Village Co-ordinator,
nhwinbarhill@yahoo.co.uk.

CAMBRIDGESHIRE COUNTY COUNCIL

Stay independent, safe and well this winter

If you or someone you care for needs advice about keeping independent, safe and well this winter, the County Council's adult social care websites Your Life, Your Choice www.yourlifeyourchoice.org.uk and AskSARA online advice and equipment guide

www.cambridgeshire.gov.uk/asksara provide information about keeping warm, preventing falls and the help that may be available to older and vulnerable people if they are unable to get out and about. If you are unable to access the Internet staff and volunteers in the library can help you to find the information you need or you can contact adult social care customer services on 0345 045 5202. You can also 'AskSARA' about daily living advice for disabled children too.

Since it launched in February 2012, AskSARA Cambridgeshire's online guide to advice and equipment has been visited by nearly 4,500 people looking to enable them, or someone they care for, to remain independent in their own homes for as long as possible.

After the success of AskSARA for adults, a children's version has recently been launched. AskSARA for children is a quick online guide for finding information about products and services to help children with daily activities in the home and when they are out and about.

Information and advice about funding, equipment and carer support is also provided. To visit the children's site, use the link at the top of the web page at www.cambridgeshire.gov.uk/asksara.

Did we get it right?

The Cambridgeshire Health and Wellbeing Board has been reviewing local pharmaceutical services – services that help you get and use medicines or medical equipment safely. Our views about these services are written up in the Pharmaceutical Needs Assessment. We want to know if you agree with what we have written. We are asking for your **feedback** between 4 December 2013 and 14 February 2014. You can give us your thoughts by completing a questionnaire, either at your local pharmacy, dispensing doctor surgery, or online at www.cambridgeshireinsight.org.uk/JSNA/PNA. **Please note** this web link will become live once the consultation period starts; it is currently showing as 'unfound'.



GIRLGUIDING IN BAR HILL

Girlguiding units currently meet weekly in Bar Hill:

- Rainbows (age 5-7) Monday and Wednesday;
- Brownies (age 7-10) Tuesday and Wednesday;
- Guides (age 10-14) Wednesday;
- Senior Section (14+) meet monthly.

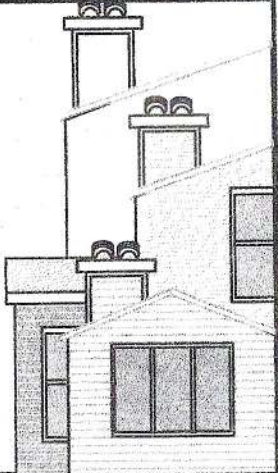
If you would like to volunteer, or your daughter wants to join us having fun in a girl only environment, please go to <http://www.girlguiding.org.uk/interested>.

For more information about local girlguiding, please phone 07980 739928 or e-mail Di Gunton, Bar Hill District Commissioner, at di@theguntons.com.

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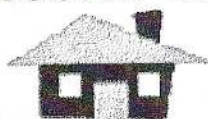
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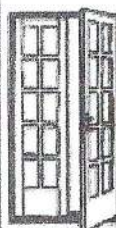
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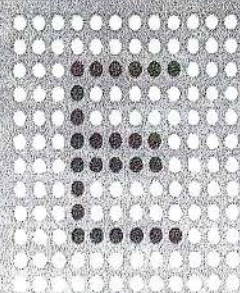
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REPORT TO PARISH COUNCIL DECEMBER 2013 – JANUARY 2014

REPORT FROM YOUR COUNTY COUNCILLOR JOHN REYNOLDS.

If I can be of help please contact me John Reynolds,
4 Hollytrees, Bar Hill, CB23 8SF. T: 01954 200571.

E: office: john.reynolds@cambridgeshire.gov.uk;

home: j.e.reynold@ntlworld.com.

HOUSING-RELATED SUPPORT FOR OLDER PEOPLE

Historically, this has been available only to older people living in sheltered housing. Those in the wider community are often isolated with limited access to services. A survey showed strong demand for free advice to live healthy and independent lives. It also highlighted a significant split between older people's expectations if they live in private or sheltered housing. The Housing Related Support for Older People Project is part of the Quality for Adults Programme. It aims to make housing related support available across Cambridgeshire. I can provide further briefing and a set of Frequently Asked Questions (FAQs).

A14 CONSULTATION

Last month the County Council Cabinet met to agree a response to the A14 Consultation. Points:

1. Bar Hill residents living close to the A14 are affected daily by pollution and noise. *HA asked to undertake a proper assessment.*
2. The HA proposals do not show details of cycling and walking routes. Many residents of Bar Hill and surrounding villages would benefit from this. *Provision of cycling and walking access called for.*
3. The Northstowe development indicated an access road from Northstowe to Oakington road / A14 at Dry Drayton. HA draft plans have removed this link. Therefore traffic may access the A14 at Bar Hill. *Extra road/junction capacity at Bar Hill called for to accommodate traffic.*
4. Residents of Bar Hill and Boxworth are concerned that increased traffic using the Bar Hill – Swavesey junctions will create congestion at peak times. It is clear proposals reduce the ability of traffic to use these junctions; resilience of the transport system will be at risk. *Request that HA rethink design of the junctions to improve resilience.*

CAMBRIDGE FUTURE TRANSPORT (CFT)

CFT is a programme aiming to develop innovative solutions to the current transport needs in Cambridgeshire. Currently under review is "Area E" which covers the A14 Corridor between Cambridge and Huntingdon. Services under review that may affect our area are: 2: Cambridge/Boxworth; 8: Elsworth/Cambridge; and 9: Elsworth/St Ives.

The first meeting, to which representatives of local parishes were invited, discussed questions and comments on the plan; existing transport services; local Champion(s) for the project; and identified possible members for a Working Group.

HELPING HAND TO GET OFF AT THE RIGHT BUS STOP

The County Council has fitted "next stop" sound displays to Guided Buses. Service A and B buses have already been fitted; Service C and D will be updated by the end of November. The project is to be extended to other services on an ongoing basis.

LITTLE ACORNS PRE-SCHOOL



Little Acorns is a privately owned pre-school. We provide a wide range of activities to promote children's early learning and development.

We are open Monday to Friday from 9am–3 pm during term time. Children may come for a minimum of 2½ hours during this period up to the maximum of 6 hours per day, which includes lunch.

Children are able to start pre-school as soon as they are 2 years old.

Nursery Education Funding (15 hours free per week) is available in the term after the child's 3rd birthday.

We are registered to offer places to children on the 'free twos' scheme. If you are on income support you may be eligible for 10 hours per week of free care for your 2 year-old. Please ask us for more information about referral or visit the children's centre who will also be able to advise you about this.

All our staff hold early years' qualifications and are trained in first aid and child protection.

For more information or to register your child please see our new website at

www.littleacornspreschoolbarhill.co.uk or e-mail us at littleacorns.barhill@ntlworld.com. Or during session time please phone Sally or Gail on 07851 803083.

We are situated just off the green next to the primary school; please feel free to pop in for a visit. Alternatively we hold termly open mornings for all our new starters, when you and your child may visit together.

Our rooms are currently available to hire for children's parties and other events at very competitive rates. You don't have to attend pre-school to use this service. Please ring or e-mail for more information.

We look forward to meeting you and your child soon. Little Acorns Pre-School, The Sparc Building, Gladeside, Bar Hill, Cambridge CB23 8DY. Tel: 07851 803083 littleacorns.barhill@ntlworld.com.

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Ladies winter jacket by Florence and Fred @ Tesco. Petite size 16; lovely bright red, comes about 5" below hips. Turtle neck collar with concealed button; rounded shoulders. Only worn a few times. £8.

Calf-length, military style, chocolate brown ladies winter coat by Cherokee @ Tesco. Size 14; double-breasted; suede (label reads: Shell 100% leather; lining 60% polyester 40% polyamide). Only worn a few times. £15.

Tel: 01954 200238



Bar Hill Pre-School

Registered Charity No. 1070725
<http://www.barhillpreschool.co.uk>

Village Hall 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect the needs of all the children. We offer fully flexible care between 9am-3pm, for children aged 2-5yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us. The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership: To fulfil our commitment to meeting children's individual needs we use communication diaries as part of our outstanding parent/carer partnerships. Please contact us on the above telephone numbers or:
enquiries@barhillpreschool.co.uk.

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

CAMBRIDGE RE-USE

Cambridge Re-Use is a local charity working within a 20 mile radius of Cambridge. It is carrying forward the good work of Cambridge Sofa which was established in 1988. They collect furniture and electrical goods, in good condition, sell them at low prices to people on low incomes or on benefits. Please contact them on 01223 576535 to arrange a collection, or bring the goods to the store during working hours to Unit H, The Paddocks, 346 Cherry Hinton Road, Cambridge CB1 8DH.

The generosity of donors and a dedicated team of volunteers enable their service to benefit over 1,000 households each year.

email: donate@cambridgereuse.org.uk;
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- COUNCILLOR CHAT -

MONTHLY REPORT FOR DECEMBER 2013

South Cambs Action on Energy: do you need help or advice? If you require advice on how to source loans for home energy saving measures, South Cambs has a Parish Energy Officer, Siobhan Mellon. Ms. Mellon can advise on who qualifies for free insulation and how to source loans for home energy saving measures.

Council fraud busters featured on BBC television series. A benefit fraud investigation that recovered thousands for taxpayers in South Cambs featured on the BBC television series 'Saints & Scroungers'. It gave insight into how the Council identifies a major fraud and its action to recover overpaid benefits. The case featured involved tens of thousands of pounds of overpaid benefits claimed over a number of years from two councils and the Department for Work and Pensions. Viewers heard how Council investigators gathered evidence and built a case against a woman who was claiming as single parent, but actually had a partner living with her who was in full time work. All of the overpaid benefits, together with full legal costs, were recovered.

Help stamp out fraud! Residents are being urged to report their suspicions to help combat fraud with a campaign dedicated to raising awareness, detection and prevention. Over the last four years nearly £700,000 has been identified by South Cambridgeshire District Council fraud investigators. Just over 100 cases were successfully prosecuted and financial penalties and cautions imposed in a further 129 cases. If you suspect fraud, please visit www.scambs.gov.uk and click on the 'report it' button; or e-mail benefitfraud@scambs.gov.uk, or call the dedicated fraud hotline on 0800 7311 892. This can be done anonymously.

Are you renting your home? Do you need advice? See South Cambs Magazine for advice on Local Housing Allowance, Guide to Private Renting, Housing in Poor Conditions, Landlords' Responsibilities. Do report any problems: **Housing: 0345 045 0500; Environmental Services: 0345 045 0063; General Enquiries: 03450 450 500.**

South Cambs Medium Term Financial Strategy. We need to make savings in order to meet the challenges the government is handing out. There are a number of areas where savings will be made, such as waste and recycling, and conservation. Hopefully this will meet immediate needs - but there is still a potential hole for 2015-16.

Response to the draft Local Plan. Around 8,000 responses were received during a consultation on plans for 22,000 new jobs and 5,000 additional homes up until 2031. The plan would see a new town built north of Waterbeach, a new village at Bourn Airfield and a major extension to Cambourne. Comments made during the consultation are being processed by SCDC, and once registered will appear on the Council's website. For full details of the proposals put forward as part of the draft Local Plan visit www.scambs.gov.uk/localplan.

Your Councillors are here to help you. Do contact us with comments, questions, problems: Cllr Bunty Waters 01954 201421 / 07734 690580; Bunty.waters@ntlworld.com. Cllr Roger Hall 01954 780304; Roger.hall90@ntlworld.com. County Councillor John Reynolds 01954 200571; j.e.reynolds@ntlworld.com.

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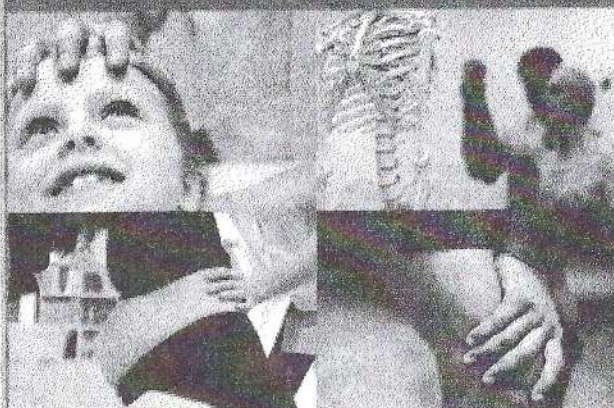
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BAR HILL PARISH COUNCIL

Leigh Baffa, Parish Clerk

Tel: 01954 780456

e-mail: bhillpc-1@btconnect.com

Please note that the office is open to the public between 10am and 12 noon Monday to Thursday, and BY APPOINTMENT ONLY on Fridays.

PARISH COUNCIL WEB SITE

Please note our website is currently unavailable as we are in the process of creating a new one.

LITTER PICKING DAY

This took place on 26th October. Unfortunately it was poorly attended but luckily the few that did come did a fantastic job. Thanks to all.

PARISH COUNCIL FREE KERBSIDE COLLECTION

Don't forget the Kerbside Collection on Thursday 12th December. Put your unwanted "white" goods, along with any unwanted electrical items at the kerb by 10am and they will be collected free of charge.

DOG WALKERS

Please keep dogs under control and pick up after them. Bar Hill is for everyone to enjoy.

PARISH COUNCIL MEETINGS

The next Parish Council meeting will be held on Thursday 19th December at 7pm in the Parish Council Office. Members of the public and press are welcome to attend. There is also an Open Forum at the start of each meeting for residents to put their views across.

HANDY TELEPHONE NUMBERS

I have had a great many calls recently regarding roads, footpaths and street lights not working. Here are the telephone numbers to call for these issues. I have found through experience that it is sometimes better for residents to call; they seem to have more "clout" than the Parish Council.

Streetlights: 0800 253529 and give the number that is written on lamppost.

South Cambs District Council: 08450 450500.

County Council (damaged paths and roads): 01223 717111.

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Winter nets for adult players start at Hill Road Sports Centre on **Mondays**:

January 20, February 3, 17, March 3, 17, 31 and April 7, 14.

There are sessions on **Thursdays**:

January 30, February 13, 27 and March 27.

All sessions from 8-9.30pm.

Full details can be found on the website.

We are also planning indoor training sessions for youth players - again, see website.

The club's annual meeting, at which fees for the coming season are set and team captains and other officials elected, will be held in January - keep an eye on our website at www.barhillcricket.org.uk for more details on this and other news during the closed season.

We also have a Facebook page, and you can follow us on Twitter @BarHillCC.

Paul Stimpson, 01954 201212



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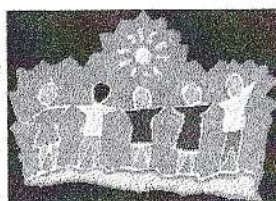
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For families and carers with children aged 0-4 years.

There are a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are

provided.

Prices: Under 1's - £1.00 (or FREE when paying for a sibling over 1); Over 1's - £2.00.

Maximum charge per family/child-minder - £3.00.

Visit our Facebook page for details of upcoming events.

- YOGA -

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See our website for full details.

Please contact Anita Cullum on 0790 6176050 or
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Book a place at www.littleyogacorner.co.uk

SALON "SET FOR SUCCESS IN NEW PREMISES"

A new, independent beauty and therapy treatment salon has opened in Bar Hill.

Francine Cox is the owner and therapist behind the business, which has opened at The Old Farmhouse, Gladeside, a property she is leasing from Bar Hill Parish Council. The property has been unoccupied for three years, having had previous uses as a parish council office and youth club.

Francine has been working as a trained therapist for 11 years and she has re-located her business, **Total Relaxation**, from the Menzies Hotel at Bar Hill.

The move sees the expansion of the salon, offering new and established clientele a suite of treatment rooms, pedicure and manicure stations. The salon will also host its own hairdresser.

Bunty Waters, member of Bar Hill Parish Council, welcomes the commercial use of The Old Farmhouse property, as well as the launching of a new business in the heart of the village. She says: "It's good to see a positive use of the Farmhouse and this will generate income for the village. It is particularly pleasing that it's being occupied by an independent local business which has ambitious expansion plans. The reputation and client base that Francine established during her time at the hotel means she's set for success in her new salon."

Telephone 01954 789344; or go to
www.total-relaxation.co.uk for more information, a list of treatments, prices and launch offers.

**BAR HILL
INTERNATIONAL LADIES GROUP**

We invite you to join us:

- International Party on Friday November 29th. 7pm at Chesterton Community College, Cambridge.
- Shared meal on Friday December 13th, Bar Hill – 7.30pm

Contact Sarah Adams:
sadams@chesterton.cambs.sch.uk

MIGHTY OAKS @LITTLE ACORNS

It is with great regret and sadness that, due to ill health, I am closing The Play Station, Bar Hill Out of School Club. I am so sorry for any inconvenience this will cause, but I have thought long and hard and have not taken the decision lightly. I will finish running the Club on 20th December 2013, having opened nearly 14 years ago in January 2000. I'd like to take the opportunity to thank parents, staff and everyone who supported us over the years. It has been much appreciated.

In January 2014 the out of school club will re-open under the ownership of Little Acorns Pre-School. The new club will be known as **Mighty Oaks @Little Acorns**. It will continue to offer good quality out of school care to the children of Bar Hill and surrounding villages.

Opening hours: after school 3–6pm; school holidays full day care from 8am–6pm – for children age 2–11 years. We will have an open day at the beginning of January. More details will follow. Everyone is welcome and we hope to meet many of you there. In the meantime if you would like to contact us our email address is mightyoaks.barhill@virginmedia.com (available from the beginning of Dec).

Patsie Ostler, Playstation; Sally Gedny, Little Acorns.

**BAR HILL RESIDENTS ARE REMINDED
TO "CHOOSE WELL THIS WINTER"**

Winter brings coughs, colds and flu so it is good to be prepared. Make sure you have a supply of remedies at home to help care for you and your family. If you need regular medication, make sure you have enough; collect any prescriptions in good time before the Christmas and New Year holidays.

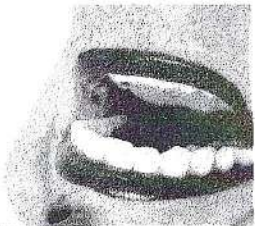
Cambridgeshire and Peterborough Clinical Commissioning Group (CCG) is asking residents to familiarise themselves with the range of local health services available, and which illnesses and injuries they treat. Last year unnecessary use of A&E services cost £2 million, which could have treated 500 heart attack patients or paid for 250 hip replacements.

Here's a reminder of local NHS services:

- **Pharmacies** can help with bugs and viruses, skin conditions, allergies, pregnancy testing and stopping smoking.
- **GPs** can help with backache, earache, painful coughs, mental health conditions and any illness or injury that won't go away. Your GP has an out-of-hours service. Ring your GP's number and you will either be put through or hear a message telling you who to call.
- **Walk-in centre or minor illness or injury units** can help with minor burns and scalds, bites and stings, strains and sprains and minor eye or ear problems.
- **YOU** can look after colds, coughs, sore throats, hangovers, tummy upsets and grazes with a well-stocked medicine cabinet.

For more information please visit:

www.cambridgeshireandpeterboroughccg.nhs.uk/choose-well.



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ZUMBA fitness

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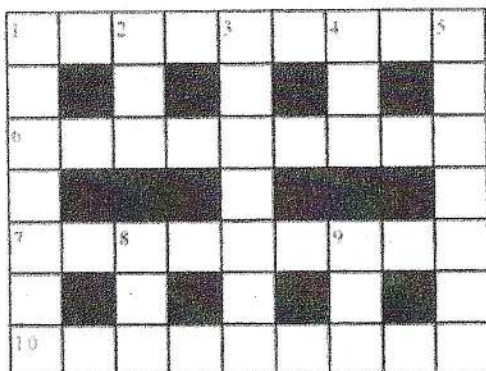
Non-fault accident service

Free estimates

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CROSSWORD CLUES FOR DECEMBER

Across: 1. St Paul wrote to them. 6. O little town of ---. 7. less grown up. 10. embossed wallpaper.
Down: 1. The angel --- from Heaven came. 2. his wife turned to salt. 3. early communications satellite. 4. tree with keys. 5. part of ancient Palestine. 8. behold the ---. 9. its base is at Wisley.



SOLUTION FOR NOVEMBER

Across: 1. Guy Fawkes. 6. gunpowder.
7. lubricate. 10. senseless.
Down: 1. gaggles. 2. yen. 3. agonise. 4. kid.
5. streets. 8. bun. 9. ape.

- BICYCLE REPAIRS & SERVICING -

Collection & Return Service.
07914 655086

- BAR HILL FOOTBALL PROJECT -



3G Astro pitch available to hire, evenings and weekends.
Ideal for birthday parties.
For availability and prices please contact Julie Marin,
booking secretary, on 01954 781838.

- PRE-SCHOOL PARENTING COURSE -

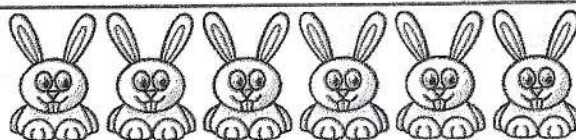
"because children don't come with instructions"

This is a Cambridgeshire County Council course for parents with children aged 2-6 years. It will help you to manage challenging behaviour; use play to build a more positive relationship, increase your child's self-esteem and support their development.

An introductory session for registering your interest will be held on Tuesday 17 December 2013 from 9.30am-11.30am at Starship Children's Centre, Gladeside, Bar Hill, CB23 8DY. Booking is essential. Call 01954 200473.

JANUARY BIN COLLECTION DATES

3 January (Friday)	black bin
8 January	green and blue bins
15 January	black bin
22 January	green and blue bins
29 January	black bin



- LITTLE BUNNIES SENSORY SESSIONS -

Octagon Meetings Room, Bar Hill

Tuesdays 9.45-11.15am (term time)

Come and let your little ones experience a range of sensory activities, from messy play (aprons provided) to music and story acting!

Snack and drink for children; hot drink for adults included.

£1 under 1yr; £2 per child;
£3 for two or more children.

SHOPPING SERVICE

This service is for Cambridgeshire residents aged 60 and over who may have difficulty doing their own shopping. Many supermarkets now offer online shopping but unless you have a computer, you cannot take advantage of this convenient service. Phone your order to our Shopping Service and we will make arrangements for delivery to your home. There is no commitment to shop every week and Age UK Cambridgeshire makes no charge for this service. However, supermarket charges for delivery vary and will apply.

Enquires and orders can be taken from Monday to Friday between 9am-12.30pm on 01354 696650.
Registered charity number: 1107589.

RESIDENTS' ASSOCIATION



Interested persons are always welcome at Residents' Association meetings. These are usually held on the first Tuesday of the month at 8 pm in the Parish Council office. Next meetings: 7th January; 4th February 2013.

If you need someone to feed your pet, regularly or occasionally, or look after your house when you go away, either with regular visits or staying, a retired non-smoking tee total single lady is happy to help.

DBS (formerly CRB) is up-to-date.

Reliable, trustworthy and kind.

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- FOR SALE -

Henselite Lawn Bowls - Classic Delux Size 3 (Medium).
£25 ono

Henselite Lawn Bowls - Series C, Heavy Classic Size 3 (Medium) - Unused. £95 ono

Henselite Allmark Lawn Bowls - Supergrip Heavy Size 4.
£25 ono

Bowls bag. £10

Technics RF wireless stereo headphones system. £20 ono

Sennheiser Wireless Headphones - £30 ono

01954 201378

Paper delivery 07814 754520

– Events Calendar –

<i>date</i>	<i>event</i>	<i>where</i>	<i>time</i>
1 December	Advent Café Church	Church	10am
4 December	Friends of the Rosie Stall	Addenbrooke's	10am–4.30pm
5 December	Friends of Bar Hill Library coffee morning	Library	10am–12.00
5 December	8 O'clock Club – Christmas Dinner	Bar Hill School	8pm
5 December	NWR – Islands Around Britain	venue: Jane's	8pm
5 December	Health Walk	Memorial Gardens	10.30am
7 December	Bar Hill Community Christmas Market	Octagon	10.30am–2pm
7 December	Friends of the Rosie Stall	The Farmland Museum Waterbeach	1–4pm
8 December	Comberton Rambling Group (www.combertonramblers.org.uk)		10.15am
12 December	FREE collection of electrical equipment	<i>see page 5, and Parish Council notes on page 25</i>	
13 December	Christmas Fayre	Over Day Centre	from 2pm
14 December	Friends of the Rosie Stall	Ploughman Hall Willingham	2–4pm
15 December	Swavesey Community Choir Christmas Concert	St Andrew's Church, Swavesey	7.30pm
18 December	Health Walk	Memorial Gardens	10.30am
18 December	Songs of Praise Carol Service	Octagon	3pm
19 December	NWR – Objects of Desire!	venue: Julie's	8pm
22 December	Christingle Service	Church	5pm
24 December	Carols by Candlelight	Church	6pm
9 January	NWR – 'That Was the Year That Was'	venue: Heather's	8pm
18 January	NWR – <i>members only event</i>		
23 January	NWR – Precious Treasure	venue: Di's	8pm
1 February	Bar Hill Community Market	Octagon	10.30am–2pm
1 February	Huntingdon Concert Band	Church	7.30pm
6 February	8 O'clock Club	Bar Hill School	8pm

WATCH YOUR WASTE – NOT YOUR WAIST – THIS CHRISTMAS

Christmas is traditionally a time for generosity, indulgence and feasting. We love to give presents, feed family and friends and eat our own bodyweight in festive fodder.

It's not only our waistlines that gain weight at Christmas. Festive bins are the fattest of the year, with an extra 750,000 tonnes of waste in England alone, an increase of around 30%, generally made up of food waste, glass bottles, packaging and gift wrap. To make it as easy and convenient as possible for you to recycle and compost your festive waste, here are a few tips.

Blue Bin: Most packaging can be placed in the blue bin, including glass bottles and jars; tins and cans; cardboard (large pieces can be flattened and placed next to your blue bin for collection); greeting cards; all types of gift wrapping; plastic pots, tubs, trays; plastic

packaging; plastic film (all types as long as clean). If your blue bin is full, extra recycling can be placed out for collection in a cardboard box or returnable container.

Paper Caddy: newspapers; magazines; leaflets; greeting card envelopes.

Green Bin: all food waste (cooked or raw); real Christmas trees – when cut up and placed inside the bin.

If you follow these simple steps, your black bin should remain practically empty with only non recyclable and non compostable items, such as polystyrene and nappies.

Remember, collection days change over the festive period due to the Bank Holidays. Look out for your collection calendar in the winter edition of the South Cambs Magazine. You can also find it online at

www.scambs.gov.uk/bins-by-parish, and in your Bar Hill News.

CHRISTMAS FACT (*kind of*)

Cranberries are sorted for ripeness by bouncing them! A ripe cranberry can be dribbled like a basketball. Another name for the cranberry is the **bounceberry**.

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WANTED...

...British Sign Language user to practice with! We are two ladies who have a keen interest in improving our BSL. We have passed level 2 and are looking to take level 3 in September. We need extra practice and are hoping to meet regularly to build our confidence.

Please contact onsophie_adams_payne@hotmail.com or 07594359692.